

NURSING ASSISTANT TRAINEE

DISTINGUISHING FEATURES OF THE CLASS: The work involves learning to provide personal care, comfort and safety for assigned residents in a nursing home. The incumbent becomes proficient in observing changes and assisting residents with activities of daily living. Direct supervision is received from a Registered Professional Nurse or Licensed Practical Nurse responsible for the residents. Does related duties as required.

TYPICAL WORK ACTIVITIES:

Participates in training in order to perform the following:

Bathes, shaves, shampoos, combs hair, dresses, provides mouth care and nail care for residents requiring assistance;
Gives massage, and applies emollients, lotions and ointments to areas requiring treatment;
Serves meals and nourishment to residents and assists those requiring help;
Provides appropriate fluids at intervals throughout the day;
Provides perennial, colostomy and catheter care and application of briefs;
Administers bedpans, urinal and enemas as required;
Takes and records blood pressure, temperatures, pulse, weight and respiration rates;
Measures and records food and liquid intake and output;
Maintains record of care and observations;
Reports orally any deviation in residents condition to charge nurse;
Attends and participates in case conferences when on duty, for residents in his/her care;
Observes and notes condition of skin, hair, nails and mouth;
Observes color, odor, and character of output;
Assists in the collection of specimens;
Performs passive and active range of motion;
Transfers residents to and from bed or chair, and positions the resident in proper body alignment and documents on resident's record (ADL Flow Sheet);
Escorts residents to activities and appointments using techniques appropriate to their condition;
Participates in socialization activities;
Participates in activities of residents on the unit;
Notifies charge nurse regarding need for equipment repair or replacement;
Maintains cleanliness and neatness of residents room and equipment;
Provides clean linen and clothing;
Removes soiled linen and clothing;
Participates in infection control programs by using proper handwashing techniques, avoiding cross contamination and uses proper isolation techniques as required;
Reports incidents and accidents to charge nurse;
Recognizes special needs of the elderly regarding age related changes and alters care appropriately;

May test urine for glucose and acetone;
May attend in-service education sessions as required;
May restrain residents using proper methods as required;
May assist in postmortem care.

FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:

Skill in measuring amounts of liquid;
Ability to observe and recognize changes in physical condition and behavior;
Ability to follow oral and written instructions;
Ability to follow routine practices;
Ability to recognize when potential hazards exist and take measures to prevent them
Ability to read and write brief, simple accurate descriptions;
Ability to take readings from gauges;
Ability to get along well with others;
Ability to work with uncooperative residents;
Ability to recognize and follow the dress code of the facility;
Ability to lift without restrictions;
Ability to communicate, listen and explain procedures to residents;
Ability to show respect for residents privacy and belongings;
Interest in learning about the elderly and the needs of residents in a nursing home;
Punctuality;
Dependability;
Confidentiality;
Physical condition commensurate with the demands of the position.

MINIMUM QUALIFICATIONS: NONE